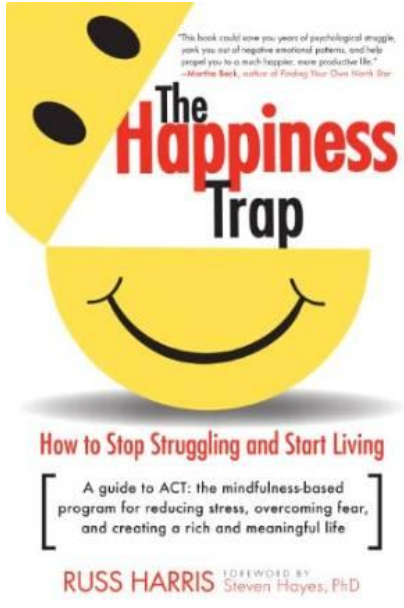
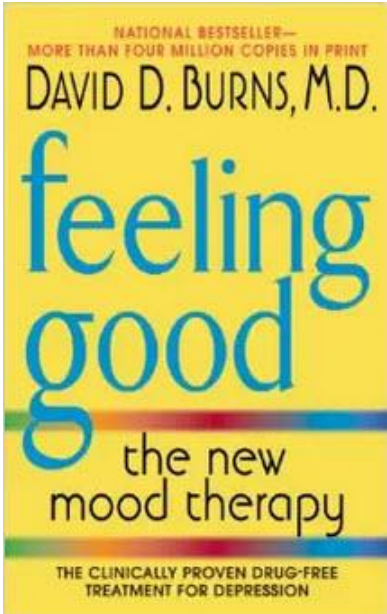




## Reboot Resources

 <p>The book cover for 'The Happiness Trap' features a large yellow smiley face with two black dots for eyes. The title 'The Happiness Trap' is written in red and black. Below the smiley face, the subtitle 'How to Stop Struggling and Start Living' is written in red. A quote from Martin Seligman is at the top: 'The book could save you years of psychological struggle, junk you out of negative emotional patterns, and help propel you to a much happier, more productive life.' The author's name 'RUSS HARRIS' is at the bottom, with 'FOREWORD BY Steven Hayes, PhD' in smaller text.</p>	<p>The Happiness Trap: How to Stop Struggling and Start Living</p> <p>by Russ Harris</p> <p><a href="#">Click here for Kindle Edition</a></p> <p><a href="#">Click here for Paperback</a></p>
 <p>The book cover for 'Feeling Good' has a yellow background with a rainbow-colored horizontal band. The title 'feeling good' is written in large, blue, lowercase letters. Below it, 'the new mood therapy' is written in smaller black letters. At the top, it says 'NATIONAL BESTSELLER—MORE THAN FOUR MILLION COPIES IN PRINT'. The author's name 'DAVID D. BURNS, M.D.' is at the top. At the bottom, it says 'THE CLINICALLY PROVEN DRUG-FREE TREATMENT FOR DEPRESSION'.</p>	<p>Feeling Good: The New Mood Therapy</p> <p>by David D. Burns, M.D.</p> <p><a href="#">Click here for Kindle Edition</a></p> <p><a href="#">Click here for Mass Market Paperback</a></p>